## Clinical Evaluation of Efficacy of *Bakuchi* (*Psorelia corylifolia* Linn.) both internally and externally in the Management of *Svitra roga* (Vitiligo)

## \*Sutapa Chakraborty \*\*B P Shaw

## ABSTRACT

A clinical study was conducted to evaluate the efficacy of Bakuchi (Psoralia corylifolia Linn.) with internal and external administration on Svitra roga at Institute of PG Ayurveda Education and Research, University of Calcutta for the period from June 2003-2006. A total number of 30 cases were selected.

All the patients were randomly divided into three groups as group A, B & C. Group 'A' patients were treated by internal administered of Bakuchi seed powder (500 mgm. -1 gm. twice daily) with Honey (6 ml.). Group 'B' patients were treated by external application of Bakuchi seed oil and Group 'C' patients were treated by both internal and external medication. Assessment was done by subjective criteria which were on the basis of clinical signs and symptoms and photography of pre and post treatment effects. Objective assessment was done by Biochemical investigation i.e. — Copper level in serum and Skin biopsy. Significant result was observed in the patients of group 'C'.

<sup>\*</sup>RRI, Kothrud, Pune

<sup>\*\*</sup>Professor & Head, Deptt. of Kayachikitsa, Institute of P G Ayurveda Education & Research, Kolkata